



# Fuel-Efficient Driver Training

The Smart*Driver* for Highway Trucking (SDHT) training program presents fuel-efficient driving strategies for drivers of tractor-trailers operating in an environment of rising fuel prices and growing demands for environmental responsibility. SDHT offers a flexible suite of online, in-classroom, and on-road training materials that can be used individually or as part of a blended learning program.

Did you know...

- ... you'll get the best fuel efficiency by operating in your engine's "sweet spot" – generally in the 1200 to 1400 RPM range for recent model heavy-duty trucks?
- ... an idling heavy-duty truck consumes about 4 litres (1 gallon) of fuel per hour?
- ... progressive shifting – shifting to the next highest gear at the lowest RPM that will keep the vehicle accelerating – is a great way to improve fuel efficiency?
- ... driving defensively for greater safety goes hand-in-hand with improved fuel efficiency?
- ... SDHT online training takes less than 3 hours to complete?

Classroom training • Online learning • On-road practice

To learn more, visit the Natural Resources Canada FleetSmart website at:  
[www.FleetSmart.NRCan.gc.ca](http://www.FleetSmart.NRCan.gc.ca)